

Compliment Circle

Type: X **Introductory** **Working** **Closing** **Game**
Low Risk – Growing Risk – Ending – Active Exercise –
Getting to know Personal Saying goodbye For group building
each other awareness and fun

Optimum Group Size: 5 - 15

Materials Needed: None

Outline of Activity:

Seat the group in a circle. Someone starts by complimenting the person to his/her right. Continue this all around the circle. When finished, reverse the directions so that everyone then compliments the person on his or her left. Each person must say 'Thank you' (and nothing else!) when complimented and the complimenter must then say, 'Your welcome.' Miss Manners just loves this game!

Variation: Each person takes a turn sitting in the middle of the circle. Everyone then takes a turn complimenting the person in the middle. The rules of 'Thank you' and 'You're welcome' still apply!

Goal:

To teach group members the importance of giving compliments and also accepting them. Everyone should feel good about themselves after receiving so many compliments and giving them to others.

How to Process:

How often do you give compliments to others? Why?
Is it always easy to accept a compliment? Why?
How did you feel during this activity? Why?
What did you learn about yourself? About others?

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