

Annual Report

THE ANNUAL REPORT OF THE LINCOLN COUNCIL ON ALCOHOLISM AND DRUGS

Dear Citizens and Friends of the Lincoln Council on Alcoholism and Drugs:

On behalf of the entire staff, I am pleased to present the 2008-2009 Annual Report. This report reflects some of the highlights of this past fiscal year.

Change is forever occurring and even with these tough economic times, promoting healthy lifestyles free from the abuse of alcohol, tobacco, and other drugs remains our number one priority. Our mission, vision, guiding principles and values reflect our firm commitment to serving our clients and our community, of which we have been a part of for more than 47 years. Our operations are both challenging and rewarding in providing quality evaluation and prevention services to the citizens and guests of Lincoln and Lancaster County.

Although fiscal constraints certainly prove to be challenging, our personnel have made significant progress in addressing the many duties and responsibilities assigned to LCAD. Critical to our success has been the updating of our policies and procedures, and the implementation of a new strategic plan. Our employees at all levels of the agency are engaged in the process of identifying critical goals, developing strategies to effectively deploy the resources of LCAD, measuring the results, and evaluating our progress. Success has been realized on many fronts; Board recruitment, development, and engagement; implementing a marketing plan and a quality assurance program to promote the evaluations program and assess our customer service; develop a Learning Environment with evaluations to identify and assist future licensed drug and alcohol counselors; expansion of our prevention coalition membership within Lancaster County; and having our youth take a leadership role in addressing community issues regarding alcohol, tobacco, and other drugs among their peers and adults.

As we move forward in 2010, we will continue to examine current goals and look to the future. And while the times do change, one thing will always remain the same and that is LCAD providing the best services to you – the citizens and guests of this great city and county.

Sincerely,

Darrell Fisher, Executive Director

2008-2009 Board of Directors

Jim Davidsaver-President
Lincoln Police Department

Ann Jablonski-Vice President
Kooser Elementary School Principal

Doug Koenig-Secretary/Treasurer
Union Bank & Trust Co.

Julie Anderson
Lincoln Lancaster County Health Department

Dennis Banks
Reach Out Christian Center Senior Pastor

Susan Cassata
Lincoln East High School Principal

Paul Conley
Attorney-at-law

David Humm
Lincoln Lancaster County Health Department

Kent Jaggars
Whitehead Oil Cheif Financial Officer

Greg Jensen
University of Nebraska Foundation

Kelly Johnson
Randolph Elemetary School Teacher

Scott Keene
Ameritas Investment Corp

Terry Macholan
LPS, Director of Student Services

Kimberly Mundil
Mental Health Center

Trina Schropfer
HBE Becker Meyer Love, LLP

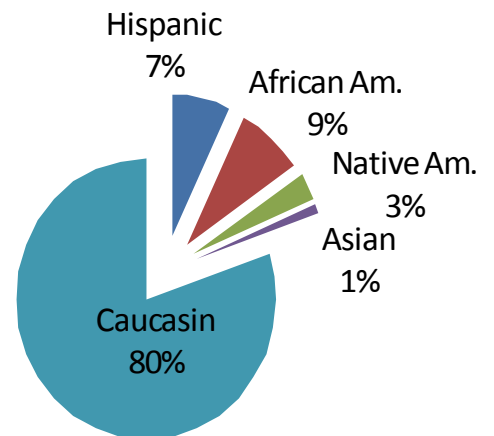
Evaluations

Program Highlights:

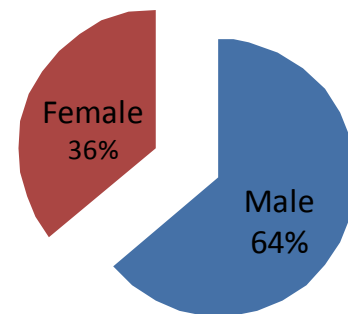
LCAD evaluators have extensive experience in substance abuse, as well as mental health counseling. Our evaluation program continues to be utilized for child protective services referrals. We strive to ensure individuals get the help that best suits their needs in a timely and cost effective manner. We work on a sliding fee scale so that cost will not be a barrier. Translation services are available for those individuals who have a first language other than English, as well as sign language, when needed.

When clients are recommended for education classes as a part of their diagnosis, LCAD can provide these. We offer substance use classes in English, Spanish and Vietnamese.

- LCAD provides evaluations in a neutral, non-treatment environment so as to be objective in determining the best intervention.
- LCAD has a staff of highly trained counselors dedicated to bringing the best client-centered professional evaluations to the community.
- LCAD conducts evaluations for adults and adolescents (ages 16-19) in the community regardless of ability to pay. We operate with a sliding fee scale so that even if the client has no income, he/she is still eligible to receive a quality evaluation with a LCAD evaluator.
- During the 2008-2009 fiscal year, 26%, or 108 of the 408 clients who came to LCAD for their evaluation, paid only the minimum amount on the fee schedule. Only 111 or 27% paid the full fee.
- LCAD evaluators advocate for clients by providing assistance and consultation to follow through with evaluation recommendations and admission to treatment centers.
- Approximately 2% of all clients seeking an evaluation required an interpreter. LCAD provides this service for those non-English speaking clients. We also utilize individuals trained in American Sign Language for clients who are hearing impaired.
- The majority of LCAD's clients were court referred.



Evaluations Snapshot



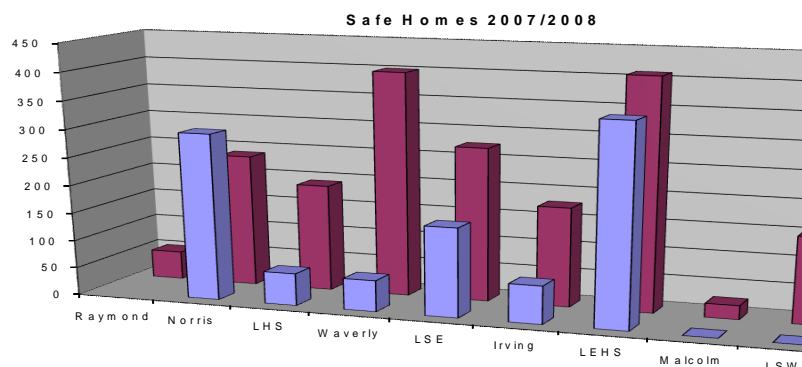
Evaluations by Gender

Prevention

Program Highlights:

LCAD's prevention program has established events and programs that have run for several years with great success. Our Community Prevention Educators present programs in schools, for community agencies, and to the general public on a wide variety of topics. They also conduct trainings for individuals, groups, and businesses. Programs such as Children of Addiction and the LCAD Drug Free Youth Board provide a place for young people to have honest discussions about the role alcohol, tobacco and other drugs play in society, as well as giving youth the opportunity to take action and be a part of positive change in their environment.

- LCAD's Drug Free Youth Board presented its environmental scan to the Lincoln City Council. Out of that conversation came a partnership with Building and Safety to report illegal signage. The overall goal is to reduce the amount of alcohol and tobacco signage posted along Lincoln's streets.
- Red Ribbon Week 2008 was a success with over 21,000 red ribbons distributed to students throughout Lincoln and Lancaster County. Skate Zone partnered with LCAD to host the Red Ribbon Skate for Lancaster County Elementary School students; nearly 300 students attended the event to celebrate their drug free choices.
- Engaged youth in community groups to produce art for the combined prom campaign poster. Artwork was created by a youth in a local high school. Florists, tuxedo shops, dress shops and restaurants participated in a campaign to let young people know they are cared about, encouraging them to make memories and not regrets.
- For the seventh year, LCAD in partnership with Lincoln Public Schools, the Lincoln Police Department, and additional partners from Lancaster County Sheriff's office sent letters home to the parents of seniors with regard to responsible hospitality at graduation parties for 11 Lancaster County High Schools.
- On-going issues of the Lancaster County E-news were sent out to more than 1300 stakeholders, safe homes parents and educators. The newsletter focuses on parenting, media, tobacco, and other relevant local issues.
- LCAD continues to offer alcohol education classes in Vietnamese, Spanish, and English. LCAD staff awarded 103 certificates of completion to participants in the DUI classes during the '08-'09 fiscal year: 10 in Spanish and 93 in English.
- Multiple parent forums were organized by community groups and held at schools. Topics ranged from cyber safety to prescription drugs. 300 parents attended forums to increase their knowledge and skill base in dealing with critical issues facing youth in our community.
- LCAD maintained technical assistance with 7 community groups, plus the Drug-Free Youth Board. Two new community groups, Lincoln Southwest and Lincoln Northeast were begun. These groups involve stakeholders such as parents, neighborhood residents, and educators in alcohol, tobacco, and other drug prevention efforts.



Tobacco Prevention Programming

Program Highlights:

The Lincoln Council on Alcoholism and Drugs, Inc. (LCAD) is funded by the Lincoln-Lancaster County Health Department through the Tobacco Free Nebraska program to prevent youth initiation of tobacco use, educate the community on the dangers of secondhand smoke, media literacy, and promote clean air policies. LCAD's prevention educators provide educations within the schools and community, recruit youth and youth programs regarding tobacco issues, disseminate information, and continue work on Operation Storefront. Below are highlights of LCAD's tobacco prevention program:

- The Drug-Free Youth Board collected over 300 surveys at a middle school dance, comparing the risk between, alcohol, tobacco, and marijuana. The results of this survey are illustrated in Figure 1, right.
- LCAD sponsored county-wide Red Ribbon Week activities. Educational packets were sent to all elementary schools, including information on tobacco. LCAD hosted the Red Ribbon Skate for Lancaster County elementary youth. Malcolm High School's Community Group held a Red Ribbon Week Art contest with a tobacco focus. The overall winner had a billboard posted for the year along Highway 34 west of Lincoln. The winners from each grade level, 2-12, had their poster printed on popcorn bag stickers that were sold as concessions at Malcolm sporting events and activities.
- Prevention Manager, Teri Effle, presented Lincoln and Lancaster County School Community Intervention Partnership (SCIP) team leaders with tobacco media literacy education.
- Educational presentations provided to Malcolm Health Classes, Lincoln Southwest Teen Issues classes, Touchstone, Crete Middle School, Cedars Street Outreach, Lincoln High Psychology classes, and Lincoln Northeast High School Women's Literature classes.
- Operation Storefront, a program where tobacco retailers are assessed for product placement and accessibility to youth, was conducted. A team of college students and Drug-Free Youth Board surveyed the entire city looking for tobacco products that were behind the counter, placed separately from other products, and held in a locked case. The surveyors also recorded data related to window and outdoor tobacco signage.
- Tobacco awareness PSA's were broadcast weekly on KZUM 89.3 FM over 28 weekends. 652 printed materials relating to the hazards of smoking and how to quit were disseminated to families and doctors in the Latino and Vietnamese communities.
- Educational materials were translated and made available in Spanish, Russian, Bosnian, Arabic and Vietnamese.
- The LCAD Drug-Free Youth Board once again sponsored Free Fest. This year's theme was "DEAD: Drugs End All Dreams...What do you dream?" The event featured No Limits, a local tobacco activism group, Project 1200, and the tobacco graveyard.

Financial Statement

LINCOLN COUNCIL ON ALCOHOLISM AND DRUGS, INC.
 SCHEDULE OF REVENUES AND EXPENDITURES
 YEAR ENDED JUNE 30, 2009

	Prevention Program	Evaluation Program	Total
REVENUES AND OTHER SUPPORT			
Contributions	28,450		28,450
Grants from government agencies	221,922	107,571	329,493
Grant from Lancaster County	139,963		139,963
United Way allocation	66,467		66,467
Fees	18,575	30,704	49,279
Miscellaneous	2,724	1,078	3,802
Interest	3,515	1,171	4,686
Realized gain (loss) on sale of investments	(12,366)	(4,122)	(16,488)
Unrealized gain (loss) on investments	(9,558)	(3,186)	(12,744)
Total revenues and other support	<u>459,692</u>	<u>133,216</u>	<u>592,908</u>
EXPENSES			
Salaries	254,739	62,348	317,087
Employees' health and retirement benefits	37,907	8,182	46,089
Payroll taxes	19,651	4,990	24,641
Professional fees	69,802	19,697	89,499
Office supplies	97,251	1,000	98,251
Telephone	6,397	2,000	8,397
Postage	1,246	405	1,651
Occupancy	30,026	9,995	40,021
Outside printing	8,739	2,004	10,743
Local meetings and transportation	6,680		6,680
Conferences, conventions and meetings	1,134	282	1,416
Equipment rental and maintenance	7,921	3,336	11,257
Miscellaneous	1,604	568	2,172
Marketing	1,746		1,746
Insurance	4,370	1,457	5,827
Organizational dues and subscriptions	419	76	495
Depreciation	2,885	962	3,847
Total expenses	<u>552,517</u>	<u>117,302</u>	<u>669,819</u>
CHANGE IN NET ASSETS	<u>(92,825)</u>	<u>15,914</u>	<u>(76,911)</u>

Support and Staff

Funding provided in part by Region V Systems, United Way, Joint Budget Committee, Grants and Private Donations.

Private Contributions 2008-2009

Walter Gray
Lincoln Police Union
Edward Jones
Mary E. Borer
Michael L. Engel
Cynthia S. Odabasi
Union Bank & Trust Company
Star City Concrete Construction Co.
Schmeeckle Research, Inc.
Troske Financial Group
Craig Remmers
Jim Davidsaver
Joe Wright
Kay Miller
Deb Davidson
Doug Koenig
Paradise Pool & Spa Inc.
Dana F. Cole & Company, LLP
Starfish Enterprises Ltd.
David F. Humm
John Hammond
Jason Macklin
Ken Svoboda
Mike Losee
Kevin Wagner
Lincoln Action Program
Paul Conley
Kathleen Oberg
John & Marilyn Bernthal
Lucy Buntain-Comine
Darrell E. Fisher
Jodi M. Gehr

Charlene K. Kjelland
Angela H. Mapes
Billy E. Maxwell
Linda Schwartzkopf
Robert C. Sorensen
James R. Steadman
Teri Vosicky
Laurie A. Colburn
Jason Danner
Christopher J. Arnold
Nadine K. Von Seggern
Pamela K. Prater

LCAD Staff

Darrell Fisher
Executive Director

Teri Effle
Prevention Coordinator

Teresa Hobbs
Evaluation Program Manager

G.L. Logan
Finance/Operations Manager

Teri Vosicky
Communications Manager

Susanne Cramer
Youth Program Coordinator

Tammy Kelch
Evaluator

Rachel Mulcahy
Evaluator

Jung Nguyen
Community Prevention Educator

Olga Soto
Community Prevention Educator

Erick Saavedra
Community Prevention Educator

Kay Miller
Office Administrator

LCAD has made every attempt to ensure the accuracy of this list. We apologize if we inadvertently overlooked any organization or individual who supported our work.

Promoting healthy lifestyles free from the abuse of alcohol, tobacco and other drugs.

**Lincoln
Council on
Alcoholism and
Drugs, Inc.**