



YOU can make a difference

- Attend coalition meetings
- Arrange for a speaker at your business, event or meeting
- Host the traveling Tobacco Display Board at your business, event, or meeting
- Donate to this worthwhile non-profit organization
- Write a letter to the newspaper or a policymaker sharing your views
- Volunteer to participate in tobacco prevention activities
- Other (please describe): _____

Name: _____

Address: _____

City, State, Zip: _____

Daytime Phone: _____

Evening Phone: _____

E-mail: _____

Please return form to:
 Tobacco Free Lancaster County
 914 'L' Street
 Lincoln, NE 68508
tflc07@gmail.com



Trying to Quit?

Call the Nebraska Tobacco Quitline
 1-800-QUIT-NOW
 (1-800-784-8669)
<http://smokefree.gov/>

Funding provided by the Nebraska Department of Health and Human Services/Tobacco Free Nebraska program as a result of the tobacco master settlement agreement.



Tobacco Free

Lancaster County

FOR THE HEALTH OF IT

Meetings are held the first
 Wednesday of the month.
 Call for location.

Tobacco Free Lancaster County
 914 'L' Street
 Lincoln, NE 68508
tflc07@gmail.com
 402-475-2694 or 402-441-6225

Purpose

Tobacco Free Lancaster County protects the public by eliminating exposure to secondhand smoke, preventing youth from starting to use tobacco, providing tobacco education to all populations and encouraging people to quit.

Goals

- Serve as a broad-based community tobacco prevention coalition
- Educate the community with up-to-date tobacco prevention information
- Advocate for policies that reduce tobacco use and protect the public from secondhand smoke
- Engage a variety of agencies, businesses, and individuals in tobacco prevention activities
- Take action on tobacco-related issues impacting Lincoln and Lancaster County

Tobacco Free Lancaster County ACCOMPLISHMENTS

- Worked with city officials to pass the Lincoln Smoking Regulation Act, the first smoke-free workplace, restaurant and bar ordinance in Nebraska
- Created the *Enjoy Smoke-free Lincoln* media campaign to inform the public about the smoke-free ordinance
- Assisted businesses with the transition to being smoke-free and produced an implementation packet for restaurants and bars to assist them in complying with the Lincoln ordinance
- Implemented a successful smoke-free home and cars campaign which educated youth and adults about the dangers of secondhand smoke
- Provided technical assistance to Lincoln health care facilities as they worked to make their campuses smoke-free
- Partnered with local law enforcement to conduct compliance checks of tobacco retailers to enforce the law and reduce tobacco sales to minors
- Created a locally produced educational tobacco video called "Counting the Cost" for youth and adults

Partners

- American Cancer Society
- American Heart Association
- Asian Community and Cultural Center
- BryanLGH Medical Center
- Community Asthma Education Initiative
- Girl Scouts Homestead Council
- Health Education Inc.
- Lancaster County Medical Society
- Lancaster County Sheriff's Office
- LifePointe by BryanLGH
- Lincoln Council on Alcoholism and Drugs
- Lincoln-Lancaster County Health Department
- Lincoln Medical Education Partnership
- Lincoln Police Department
- Lincoln Public Schools
- Madonna Rehabilitation Hospital
- Madonna ProActive
- Nebraska Heart Hospital
- No Limits
- Saint Elizabeth Regional Medical Center
- Salvation Army
- Snitily Carr
- Tobacco Free Nebraska
- University of Nebraska-Lincoln
- Workwell Inc.
and many individuals